

From: Newport Ocean Sailing Association <media@nosa.org>

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To:

Subject: N2E Sailing Seminars Scheduled – DPYC Up First

Reply-To: Newport Ocean Sailing Association <media@nosa.org>

Bruce Cooper from Ullman Sails Newport Beach and Len Bose from the Santa Cruz 50 *Horizon* will present the annual series of Sailing Seminars that NOSA hosts for participants of the quintessential classic Newport to Ensenada International Yacht Race who want to be prepared, sail better and bring home more hardware.

Cooper and Bose, both highly respected SoCal sailors with multiple wins to their credit, will offer up some of their secrets so that new and repeat participants achieve maximum safety and top performance.

The first seminar will take place Thursday, February 6, at Dana Point Yacht Club, at 7 p.m.

Unless you can beat Cooper or Bose on the water, NOSA highly recommends that you attend and are confident that everyone will leave with a valuable takeaway and a useable tip or two.

Topics you might find interesting:

1. A review of the race logistics and delivery home.
2. How to focus on your VMG.
3. Watch systems review.
4. Developing a strategic game plan.

“If you really want to beat that team down the dock that rubs your bottom the wrong way or are simply willing to do whatever it takes to keep your crew safe and greet those competitors on their arrival to the dock at the Coral with a friendly smirk and a ‘How was your race?’ this seminar is for you,” said Bose. “Keep your friends

close and your top competitors closer.”

This is the first year Cooper and Bose have conducted these seminars together, but their boatload of experience means attendees are more likely to get down the race course a lot faster than those competitors who did not attend!

Horizon is a six-time Class Winner and a 2-time Overall Winner in N2E.

Be like **Horizon!**

" Some people might wonder what keeps me returning to this race," said Bose. "I have to say it's all about the good memories from no wind to gale force winds. The thrill of victory to the agony of defeat." Some of the past crew members memories include racing so they arrive before the bars close, sleeping in Volkswagen vans to suites at the Coral Hotel, to falling off donkeys and waking up with new hats on. "It's all been good times and I want more while I can get them," he said. "That's why I sail this race and stay for the party."

NOSA hopes to see many new and return participants at each seminar. Bring lots of questions and be prepared to have a nice evening with your fellow competitors and sailors alike.

We'll post any changes to the website so check often.

Be like *Horizon*. Win

This event does not meet or replace the requirement for Safety at Sea training.

No need to RSVP. Most clubs offer a 6 p.m. Happy Hour. Seminars roll at 7 p.m.