MARINA PARK SAILING CLASSES SUMMER 2023

BEGINNING KEELBOAT SAILING

Through classroom and on-the-water instruction you will learn the fundamentals of how to rig and safely sail a J/22 keelboat. You will learn boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and crew overboard recovery. No prior experience needed.

Requirements: Participants must be able to swim 50 yards. 14 yrs+

MARINA PARK		'NO CLASS 7/1			
Sa Tu-F Tu-F Su	6/24-7/22 6/27-6/30 7/25-7/28 8/6-8/27	9:30am-1pm 4:45pm- 8:15pm 2:00pm-5:30pm 9:30am-1pm	14yrs+ 14yrs+ 14yrs+ 14yrs+	\$425 \$425 \$425 \$425 \$425	



EXPLORE THE J/22 KEELBOAT

For sailors with intermediate sailing skills, but with no prior experience sailing a J/22 keelboat. You will review rigging, docking, crew work and more as you get ready to take your sailing to the next level and jump into an Intermediate or Advanced J/22 Keelboat class.

Requirements: Intermediate sailing skills. Must be able to swim 50 yards.

MARINA PARK

Th	7/6	4:15pm-7:45pm	14yrs-Adults	\$150
М	7/31	2pm-5:30pm	14yrs-Adults	\$150
Sa	8/5	9:30am-1pm	14yrs-Adults	\$150
Su	8/27	1:30pm-5pm	14yrs-Adults	\$150

INTERMEDIATE KEELBOAT SAILING

In this class you will build on basic skills and learn the finer points of boat handling, build confidence rigging, docking, and learn sail trim, sail controls, crew work and communication and anchoring.

Requirements: Successful completion of Beginning Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards.

MARINA PARK

Su 6/25-7/16 W-F 7/5-7/7 Tu-Th 8/1-8/3 Su 8/6-8/20 M-W 8/21-8/23

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-7/16	2:00pm-5:30pm	14yrs+	\$255
7/7	12:15pm-3:45pm	14yrs+	\$255 \$255
5/3 5/20	2:00pm-5:30pm 1:30pm-5:00pm	14yrs+ 14yrs+	\$255 \$255
8/23	12:30pm-4:00pm	14yrs+	\$255

ADVANCED OCEAN SAILING

For students with intermediate sailing skills ready to explore sailing outside the harbor. Skills will include advanced sail trim, wing n' wing the jib using the spinnaker pole, jury-rigging techniques, running aground, towing, tide and currents, aids to navigation and ocean sailing.

Requirements: Successful completion of Intermediate Keelboat Sailing or equivalent experience. Participants must be 14 years of age or older on the first day of class and able to swim 50 yards.

MARINA PARK

Su 6/18

9:30am-4:30pm 14yrs-Adults \$225

J/22 SUMMER RACING

Join us for Monday night racing aboard Marina Park's J/22. Whether you are a seasoned racer or just want to get a taste of the action, you'll participate in every aspect of getting the boat to the starting line, driving, sail trim, and making tactical decisions.

Requirements: Successful completion of Intermediate Keelboat Sailing or equivalent experience. Must be able to swim 50 yards.

MARINA PARK

M 6/12-6 M 7/10-7 M 8/7-8/	/24 4:30pm-8p	om 14yrs-Adults	\$250
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Phone: (949) 270-8160 Email: boating@newportbeachca.gov newportbeachca.gov/sailing



MARINA PARK SAILING CLASSES SUMMER 2023

BEGINNING DINGHY SAILING

Learn to sail on beautiful Newport Harbor in a class designed for those with little or no sailing experience. Through classroom instruction and on-the-water practice you will learn the fundamentals of how to rig and safely sail a small boat. Sailing a 14' dinghy you will learn boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and capsize recovery.

Requirements: No prior experience needed. Must be able to swim 50 yards. Sufficient agility needed to move about safely in the boat.

MARINA PARK

'NO CLASS 7/2

\$235

\$235

Su 6/18-7/16 9:30am-1:30pm 14yrs-Adults Sa 8/5-8/26 9:30am-1:30pm 14yrs-Adults

INTERMEDIATE DINGHY SAILING

A great class for students ready to take their dinghy sailing skills to the next level. You will build on basic skills and work on improving boat handling, refining sail trim, skipper and crew teamwork, and problem solving while afloat.

Requirements: Successful completion of Beginning Dinghy Sailing or equivalent experience. Participants must be able to swim 50 yards. Sufficient agility needed to move about safely in the boat.

MARINA PARK

Su 7/23-7/30 9:30am-4:30pm 14yrs-Adults \$235





ADVANCED DINGHY SAILING & SPINNAKER CLINIC

This advanced class is ideal for competent dinghy sailors interested in learning how to fly the spinnaker aboard our 14' RS Quest Dinghy. Through classroom instruction and on-the-water practice you will learn how to prepare, set, trim, gybe and drop the spinnaker.

Requirements: Successful completion of Intermediate Dinghy Sailing or equivalent dinghy sailing experience. Participants must be able to swim 50 yards. Sufficient agility needed to move about safely in the boat.

MARINA PARK

Sa 8/12-8/19

2pm-5:30pm 14yrs-Adults

PARENT & ME SAILING

This 1-day class is perfect for any adult who wants to explore sailing with their child in a relaxed and safe environment. Learn the basics of sailing on either a 14' dinghy or a small keelboat, accompanied by an instructor who will guide you through safe sailing on Newport Harbor.

Requirements: No prior experience needed. Must be able to swim 50 yards. Registration per each adult and youth participant. Youth participants must be accompanied by an adult age 18 or older.

MARINA PARK

a 7/29 9: u 8/20 <u>1</u>

yrs-Adults yrs-Adults



\$125



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